**PREP TIMES** is a series of eight newsletters designed to address issues, problems, and concerns facing Soldier families that are preparing for deployment.

**PREP TIMES will examine such things as:**
- Loving Unconditionally
- Decisiveness
- Renewing Resources
- Savoring Time Together
- Harmony and Humility
- Improving Communications
- Prioritizing Efforts

Notice that these issues begin with the same letters as the Army’s core values of **Loyalty, Duty, Respect, Selfless service, Honor, Integrity, and Personal courage** (LDRSHIP). Each of the next seven newsletters will address one issue as you prepare to deploy. There are certainly many other issues or values that families embrace. The intent of these PREP TIMES is to encourage discussion and to help families realize that resources are available. The unit ministry teams of the United States Army, Europe (USAREUR) are part of a large group of caring professionals ready to assist Soldiers, civilians, and their family members at any time.

Without a doubt, one of the hardest challenges for military families today is coping with frequent deployments. Just as Soldiers train for a mission, families should train and prepare for the times when Soldiers are deployed.

**INSIDE THIS ISSUE:**
1. Preparing is Vital
2. That is Right... Maybe!

**NEXT ISSUE:** Loving Unconditionally

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**PREPARING IS VITAL**

One of the greatest home run hitters in baseball was Hank Aaron. There is a story involving Yogi Berra, the well-known catcher for the New York Yankees, and Hank Aaron, who at that time was the chief power hitter for the Milwaukee Braves. The teams were playing the 1958 World Series, and as usual Yogi was keeping up his ceaseless chatter, intended to pep up his teammates on the one hand, and distract the Milwaukee batters on the other. As Aaron came to the plate, Yogi tried to distract him by saying, “Henry, you’re holding the bat wrong. You’re supposed to hold it so you can read the trademark.” Aaron didn’t say anything, but when the next pitch came he hit it into the left-field bleachers. After rounding the bases and tagging home plate, Aaron looked at Yogi Berra and said, “I didn’t come up here to read.” Hammerin’ Hank was prepared to do one thing...HIT. That was his mission.

As Soldiers and civilians plan to deploy, families have a vital mission...PLAN. There may be many distractions but we must remain focused on the task. The time is NOW. Begin early and use all your resources.

For information about PREP TIMES contact Chaplain Eric Erkkinen at eric.erkkinen@us.army.mil
Yogi Berra, former Yankee catcher, was always ready with his pearls of wisdom. Here are some gems on “planning”:

"You've got to be very careful if you don't know where you're going, because you might not get there."

"I knew I was going to take the wrong train, so I left early."

"If you don't know where you are going, you will wind up somewhere else."

"You better cut the pizza in four pieces because I'm not hungry enough to eat six."

As you prepare for deployment, be sure that the information you have is accurate. Unfortunately, there is no “Snopes” site for families to validate every rumor or story. Check with informed sources.

And when it comes to building family relationships, make every effort to improve things. Things we learned growing up, the patterns and behaviors we observed in childhood may not have been the best. Be willing to learn and grow.